



GOLD STAR YOUTH MENTORSHIP PROGRAM

Mentor Program Overview

WHAT WEEKLY SESSIONS LOOK LIKE

- Youth and mentors meet with a *wear blue* leader at a designated local park.
- Youth and mentor discuss goals, training tips, and play games.
- Youth and mentor will participate in a training run. Participants do not have to be athletes.
- Throughout the program, youth will be provided opportunities to build their connection to a life of service through unique military experiences and their connection with their mentors.

MENTOR REQUIREMENTS

- Safety is our priority. Mentors are required to complete a federal background check. We will provide a link for the screening following your registration.
- A match coordinator will conduct an interview and lead a mentor training before you meet your match.
- Matches are formed based on common interests, led by the youth's priorities, to include his/her hobbies and military interests.
- Mentor's role is to empower the child through active coping mechanisms, positive encouragement, and healthy connections to a life of service.

FREQUENTLY ASKED QUESTIONS

Q: There are a couple of Saturdays during the program I won't be able to attend. Can I still be a Mentor?

A: Yes, we understand a Mentor may miss one or two Saturdays. However, we do ask that you communicate your absence with your mentee in advance.

Q: Can my family attend the Saturday runs with me?

A: The greater *wear blue* community is open to the public and all are welcome! Your family will have a place during the Saturday runs with the *wear blue* community. With that said, we do ask that your attention during the Saturday runs is on your mentee.

Q: How long is the commitment each Saturday morning?

A: The typical Saturday morning is 2.5-3 hours

HOW TO REGISTER

Scan the QR code below or register at www.wearblueruntoremember.org/gold-star-youth-mentorship



**wear blue:
run to remember®**

